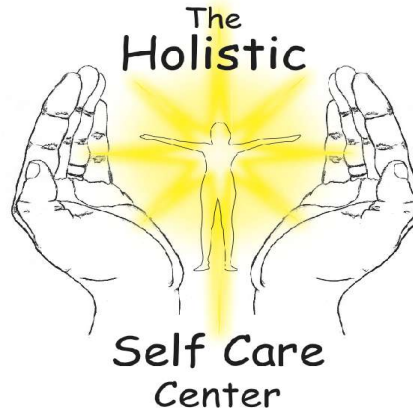


You are invited to an educational evening

# Stepping into a Powerful Positive Attitude



Date: Saturday, September 22<sup>nd</sup>  
Time: 11:00 – 12:30 pm  
Cost: \$25.00 non-members/\$10.00 members  
Where: The Holistic Self Care Center  
12 Murphy Drive, Nashua NH 03062  
[www.thehscenter.com](http://www.thehscenter.com)  
Telephone: 603.883.1490

The class will identify the strengths inside of the individual and tap into the creative process that releases the positive attitudes and then make some clear choices on how to put them into play. Life is meant to flow and be fun. It only works correctly if we allow the process to unveil itself and then use the knowledge we uncover. All participants will be requested to bring a journal or notebook and a picture or item that causes a reaction when they look at it. There are messages in everything we do.