

You are invited to an evening of fun!



LADIES NIGHT OUT



THEME: Think Green

WHEN: Wednesday, March 5, 2008
5:00 pm – 10:00 pm

WHERE: The Holistic Self Care Center
12 Murphy Drive
Nashua, NH 03062
(603) 883-1490
info@thehsccenter.com

This month's event will honor the theme "Think Green" and of course celebrate the "green" holiday, St. Patrick's Day. There will be a recycling workshop where you will learn how to recycle your plastic grocery bags to create a sturdy reusable bag that you can take to the grocery store! There will also be discussions on green plants and their healing properties, and a guest speaker to talk about "green" technology. For your 30-minute therapeutic service you can choose between neck and back massage, reiki, ionic foot bath, quantum biofeedback, or foot reflexology. Light snacks and drinks, raffles, door prizes, and three vendors selling their "natural" wares are also part of the event. Call us at (603) 883-1490 or email info@thehsccenter.com to sign up for your service.